







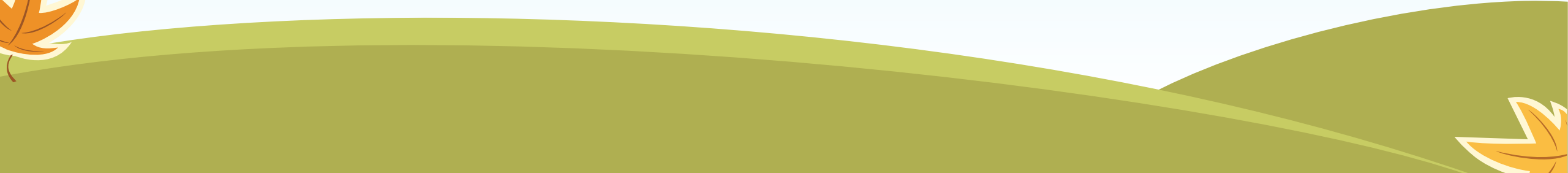
Welcome!

Inquiry Lesson
Demonstration: career
planning

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Overview

- This course is aimed at sixth grade students and is a one-week study.
 - Invite students to participate in some regular classroom activities and reflective exercises, so that they can explore their career plans for their future in more depth.
 - Activities are integrated with extracurricular internships.
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Land Acknowledgement

- The Campuses of Thompson Rivers University are located on the Tk'emlups te Secwepemc territory within the unceded traditional lands of Secwepemcúl'ecw (Secwepemc Nation). In this space, as we share knowledge through teaching, learning, and research, we recognize that this territory has always been a place of teaching, learning and research.
 - Take a moment to acknowledge the land you are currently on.
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Know yourself





What is Your Ikigai?

- What do you Love? What aspects of your life bring you into your heart and make you come alive?
- What are you Great at? What unique skills do you have that come most naturally to you? What talents have you cultivated and what do you excel at even when you aren't trying?
- What Cause do you believe in? What breaks your heart or pulls at your gut? What change would you most love to create in the world? What would you give your life for?
- What do people Value and pay you for? What service, value or offering do you bring, or could you bring, that brings real value to others? Something people need and are happy to pay for or share some value in exchange?





(5min)





What is Your ‘Reason for Being’?(Ikigai)

- Using your page on the Jamboard, brainstorm things that What is Your ‘Reason for Being’?
 - What are you Great at?/What unique skills do you have that come most naturally to you?/What talents have you cultivated and what do you excel at even when you aren’t trying?
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<https://jamboard.google.com/d/1ezXxhDBu6nr0VszAzXpD3KCuAFLLbFsYyxDdSKyREgk/viewer?f=0>





What career field do you know?

<https://www.menti.com/fg2hmv7jg2>





Guiding Questions



- -What is career education?
 - -How can career education help me manage my life?
 - -What is the history of career education; what are the pros and cons?
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<https://www.youtube.com/watch?v=12ass4FSCcg>





Discuss and Share

- What did you learn from the activity?
 - If they have any challenges in understanding careers and career education?(why they feel that it is a challenge for them?)
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(15min)





Conclusion (Time Permitting)

- Please add to your reflection on Google doc.

(<https://docs.google.com/document/d/1fcDJCna17m2vM3DZ7PiAz-UHD17PxauHI4Jzmvu12WA/edit>)



(10min)



Question ?



Thank you !

